

Camp Bays Mountain

2024 Guide for Christmas Campers

Welcome to Camp Bays Mountain! We are excited that your child will be camping with us this Christmas. **Please make sure your emailed registration confirmation receipt is correct.** If you find an error or have any questions about your registration, please call the office at (423)349-8401.

Session Beginning and Ending times

- Overnight: Check in is at 6:30pm on Friday December 6th at the Welcome Center. Pick up will be at 6:30pm on Saturday December 7th at the dining hall.
- Day Campers: Check in will be at 8:30am on Saturday December 7th at the dining hall. Check out will be at 6:30pm on Saturday December 7th at the dining hall.

What to bring

It will be important to label all items to ensure they return home with your camper

- Complete change of clothes
- Sleep wear (overnight only)
- Sweatshirt/jacket
- Rain jacket or poncho
- Towel and washcloth (overnight only)
- Day pack/book bag
- Closed toed shoes
- Bible
- Sleeping bag and pillow (overnight only)
- Toiletries (overnight only)
- Flashlight or headlamp
- Water bottle

Healthcare and your camper

In order to protect your camper and the camp community, it is important that each camper is healthy when they arrive. Use the following guidelines as you assess your camper's health prior to arrival. If your child's health keeps them from attending their session, every attempt will be made to reschedule them into another session once their health returns. Ask these questions prior to arrival:

Does your child have:

- A fever (100 degrees or greater)?
- Sore throat?
- Cough?
- Headache?
- Aches or pains?

- Has the camper tested positive for COVID-19 in the last 7 days?

If the answer was “yes” for a fever AND to any other symptom, it is best to keep your child at home. If your child has been diagnosed with an illness or condition – such as COVID-19, strep, bed bugs, or lice – follow your healthcare provider’s recommendation. We need to know the camper’s health status in order to protect all campers.

Should any such health concerns arise prior to camp, call the Camp Bays Mountain office (423)349-8401 to discuss program participation options.

Medications

As stated in the Health Form, all prescription and non-prescription medications **MUST BE in their ORIGINAL CONTAINERS and clearly labeled with the camper’s name and dosages.** Dosage instructions are strictly adhered to unless alternate written/signed physician’s orders are provided.

You have three forms to complete

1. **HEALTH FORM**
2. **PROFILE FORM**
3. **AUTHORIZATION/CONSENT FORM**

Your camper’s **Health Form, Profile Form, and Authorization/Consent Form** are to be completed on-line by accessing your camper’s on-line registration account. The on-line forms may be completed any time before check-in but it is helpful to the camp staff to have the information prior to arrival.

Dietary needs

These are noted on the health form, however as a double check please call the camp office at least a week prior and let us know of any dietary restrictions. The number is (423)349-8401.

Friday December 6th

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| 6:30pm | Check in (<u>Be sure to eat dinner before arriving</u>) |
| 7:00pm | Welcome/Evening activity |
| 8:00pm | Worship/Snack |
| 9:00pm | Get ready for bed |
| 10:00pm | Lights out |

Saturday December 7th

7:30am	Rise and shine
8:00am	Breakfast
8:30am	Day camp check in
8:45am	Morning watch
9:00am	Morning activities
12:30pm	Lunch
1:15pm	Afternoon activities
5:00pm	Pack belongings (overnight only)
5:30pm	Dinner
6:30pm	Check out

Lodging

All overnight campers will be staying in the Retreat Lodge. It is a two-story building with four large bedrooms. Each of the four rooms has six bunk beds which sleep ten campers and two staff members. In each room there is a restroom facility with showers, sinks, and toilets.

Directions to Camp Bays Mountain

If using a GPS, make sure you enter “Camp Bays Mountain” in your GPS and not “Bays Mountain” or “Bays Mountain Park”. If you arrive at an entrance station and are asked to pay an admission fee, you have arrived at Bays Mountain Park and **NOT** at Camp Bays Mountain.

Our physical address is:
Camp Bays Mountain
1435 Smores Trail
Kingsport, TN 37660

We are off I-26 (Exit 3) at Meadowview Parkway. Turn west at the end of the exit ramp away from downtown Kingsport. Go 1.2 miles and turn right onto Hood Road at Depews Chapel United Methodist Church. After turning onto Hood Road, go 0.8 mile and turn right at the camp sign (500 Hood Road) into the camp (1435 S'mores Trail).